Over the last 2 weeks, how often have you been bothered by the following problems?

1. Little interest or pleasure in doing things

\_\_ 0 \_\_ 1 \_\_ 2 \_\_ 3

Not at all Several days More than half Nearly every day

the days

1. Feeling down, depressed, or hopeless

\_\_ 0 \_\_ 1 \_\_ 2 \_\_ 3

Not at all Several days More than half Nearly every day

the days

Notes

1. PHQ-2 score is obtained by adding score for each question (total points).
2. A score of 3 points is the preferred cut-off for identifying possible depression (if the score is 3 or greater, major depressive disorder is likely).

Reference

Kroenke K, Spitzer RL, Williams JB. The Patient Health Questionnaire-2: validity of a two-item depression screener. Med Care. 2003;41(11):1284-1292.