**DIRECTIONS: Pleas read carefully before starting.** On the following pages you will see statements that describe children’s reactions to a number of situations. Please read each statement and decide whether it is a true or untrue description of your child’s reaction within the past six months, then mark what **your** child’s reaction is likely to be in each of those situations.

Use the following scale to indicate how well each statement describes your child:

Extremely untrue of your child

Quite untrue of your child

Slightly untrue of your child

Neither true nor false of your child

Slightly true of your child

Quite true of your child

Extremely true of your child

There are no correct ways of reacting, children differ widely in their reactions, and it is these differences we are trying to learn about. If you cannot answer one of the questions because you have never seen the child in that situation then mark “Not applicable.” For example, if the statement is about the child’s reaction to your singing, and you have never sung to your child, then mark “Not applicable.” Be sure to mark an answer to every question.

My child:

1. Seems always in a big hurry to get from one place to another.

\_ 1 Extremely untrue

\_ 2. Quite untrue

\_ 3. Slightly untrue

\_ 4. Neither true nor false

\_ 5. Slightly true of your child

\_ 6. Quite true of your child

\_ 7. Extremely true of your child

\_0. Not applicable

2. Get quite frustrated when prevented from doing something s/he wants to do.

\_ 1 Extremely untrue

\_ 2. Quite untrue

\_ 3. Slightly untrue

\_ 4. Neither true nor false

\_ 5. Slightly true of your child

\_ 6. Quite true of your child

\_ 7. Extremely true of your child

\_0. Not applicable

3. When drawing or coloring in a book, shows strong concentration.

\_ 1 Extremely untrue

\_ 2. Quite untrue

\_ 3. Slightly untrue

\_ 4. Neither true nor false

\_ 5. Slightly true of your child

\_ 6. Quite true of your child

\_ 7. Extremely true of your child

\_0. Not applicable

4. Likes going down high slides or other adventurous activities.

\_ 1 Extremely untrue

\_ 2. Quite untrue

\_ 3. Slightly untrue

\_ 4. Neither true nor false

\_ 5. Slightly true of your child

\_ 6. Quite true of your child

\_ 7. Extremely true of your child

\_0. Not applicable

5. Is quite upset by a little cut or bruise.

\_ 1 Extremely untrue

\_ 2. Quite untrue

\_ 3. Slightly untrue

\_ 4. Neither true nor false

\_ 5. Slightly true of your child

\_ 6. Quite true of your child

\_ 7. Extremely true of your child

\_0. Not applicable

6. Prepares for trips and outings by planning things s/he will need.

\_ 1 Extremely untrue

\_ 2. Quite untrue

\_ 3. Slightly untrue

\_ 4. Neither true nor false

\_ 5. Slightly true of your child

\_ 6. Quite true of your child

\_ 7. Extremely true of your child

\_0. Not applicable

7. Often rushes into new situations.

\_ 1 Extremely untrue

\_ 2. Quite untrue

\_ 3. Slightly untrue

\_ 4. Neither true nor false

\_ 5. Slightly true of your child

\_ 6. Quite true of your child

\_ 7. Extremely true of your child

\_0. Not applicable

8. Tends to become sad if the family’s plans don’t work out.

\_ 1 Extremely untrue

\_ 2. Quite untrue

\_ 3. Slightly untrue

\_ 4. Neither true nor false

\_ 5. Slightly true of your child

\_ 6. Quite true of your child

\_ 7. Extremely true of your child

\_0. Not applicable

9. Likes being sung to.

\_ 1 Extremely untrue

\_ 2. Quite untrue

\_ 3. Slightly untrue

\_ 4. Neither true nor false

\_ 5. Slightly true of your child

\_ 6. Quite true of your child

\_ 7. Extremely true of your child

\_0. Not applicable

10. Seems to be at ease with almost any person.

\_ 1 Extremely untrue

\_ 2. Quite untrue

\_ 3. Slightly untrue

\_ 4. Neither true nor false

\_ 5. Slightly true of your child

\_ 6. Quite true of your child

\_ 7. Extremely true of your child

\_0. Not applicable

11. Is afraid of burglars or the “boogie man.”

\_ 1 Extremely untrue

\_ 2. Quite untrue

\_ 3. Slightly untrue

\_ 4. Neither true nor false

\_ 5. Slightly true of your child

\_ 6. Quite true of your child

\_ 7. Extremely true of your child

\_0. Not applicable

12. Notices it when parents are wearing new clothing.

\_ 1 Extremely untrue

\_ 2. Quite untrue

\_ 3. Slightly untrue

\_ 4. Neither true nor false

\_ 5. Slightly true of your child

\_ 6. Quite true of your child

\_ 7. Extremely true of your child

\_0. Not applicable

13. Prefers quiet activities to active games.

\_ 1 Extremely untrue

\_ 2. Quite untrue

\_ 3. Slightly untrue

\_ 4. Neither true nor false

\_ 5. Slightly true of your child

\_ 6. Quite true of your child

\_ 7. Extremely true of your child

\_0. Not applicable

14. When angry about something s/he tends to stay upset for ten minutes or longer.

\_ 1 Extremely untrue

\_ 2. Quite untrue

\_ 3. Slightly untrue

\_ 4. Neither true nor false

\_ 5. Slightly true of your child

\_ 6. Quite true of your child

\_ 7. Extremely true of your child

\_0. Not applicable

15. When building or putting something together becomes very involved in what s/he is doing and works for long periods.

\_ 1 Extremely untrue

\_ 2. Quite untrue

\_ 3. Slightly untrue

\_ 4. Neither true nor false

\_ 5. Slightly true of your child

\_ 6. Quite true of your child

\_ 7. Extremely true of your child

\_0. Not applicable

16. Likes to go high and fast when pushed on a swing.

\_ 1 Extremely untrue

\_ 2. Quite untrue

\_ 3. Slightly untrue

\_ 4. Neither true nor false

\_ 5. Slightly true of your child

\_ 6. Quite true of your child

\_ 7. Extremely true of your child

\_0. Not applicable

17. Seems to feel depressed when unable to accomplish some task.

\_ 1 Extremely untrue

\_ 2. Quite untrue

\_ 3. Slightly untrue

\_ 4. Neither true nor false

\_ 5. Slightly true of your child

\_ 6. Quite true of your child

\_ 7. Extremely true of your child

\_0. Not applicable

18. Is good at following instructions.

\_ 1 Extremely untrue

\_ 2. Quite untrue

\_ 3. Slightly untrue

\_ 4. Neither true nor false

\_ 5. Slightly true of your child

\_ 6. Quite true of your child

\_ 7. Extremely true of your child

\_0. Not applicable

19. Takes a long time in approaching new situations.

\_ 1 Extremely untrue

\_ 2. Quite untrue

\_ 3. Slightly untrue

\_ 4. Neither true nor false

\_ 5. Slightly true of your child

\_ 6. Quite true of your child

\_ 7. Extremely true of your child

\_0. Not applicable

20. Hardly ever complains when ill with a cold.

\_ 1 Extremely untrue

\_ 2. Quite untrue

\_ 3. Slightly untrue

\_ 4. Neither true nor false

\_ 5. Slightly true of your child

\_ 6. Quite true of your child

\_ 7. Extremely true of your child

\_0. Not applicable

21. Likes the sound of words, such as nursery rhymes.

\_ 1 Extremely untrue

\_ 2. Quite untrue

\_ 3. Slightly untrue

\_ 4. Neither true nor false

\_ 5. Slightly true of your child

\_ 6. Quite true of your child

\_ 7. Extremely true of your child

\_0. Not applicable

22. Is sometimes shy even around people s/he has known a long time.

\_ 1 Extremely untrue

\_ 2. Quite untrue

\_ 3. Slightly untrue

\_ 4. Neither true nor false

\_ 5. Slightly true of your child

\_ 6. Quite true of your child

\_ 7. Extremely true of your child

\_0. Not applicable

23. Is very difficult to soothe when s/he has become upset.

\_ 1 Extremely untrue

\_ 2. Quite untrue

\_ 3. Slightly untrue

\_ 4. Neither true nor false

\_ 5. Slightly true of your child

\_ 6. Quite true of your child

\_ 7. Extremely true of your child

\_0. Not applicable

24. Is quickly aware of some new item in the living room.

\_ 1 Extremely untrue

\_ 2. Quite untrue

\_ 3. Slightly untrue

\_ 4. Neither true nor false

\_ 5. Slightly true of your child

\_ 6. Quite true of your child

\_ 7. Extremely true of your child

\_0. Not applicable

25. Is full of energy, even in the evening.

\_ 1 Extremely untrue

\_ 2. Quite untrue

\_ 3. Slightly untrue

\_ 4. Neither true nor false

\_ 5. Slightly true of your child

\_ 6. Quite true of your child

\_ 7. Extremely true of your child

\_0. Not applicable

26. Is not afraid of the dark.

\_ 1 Extremely untrue

\_ 2. Quite untrue

\_ 3. Slightly untrue

\_ 4. Neither true nor false

\_ 5. Slightly true of your child

\_ 6. Quite true of your child

\_ 7. Extremely true of your child

\_0. Not applicable

27. Sometimes becomes absorbed in a picture book and looks at it for a long time.

\_ 1 Extremely untrue

\_ 2. Quite untrue

\_ 3. Slightly untrue

\_ 4. Neither true nor false

\_ 5. Slightly true of your child

\_ 6. Quite true of your child

\_ 7. Extremely true of your child

\_0. Not applicable

28. Likes rough and rowdy games.

\_ 1 Extremely untrue

\_ 2. Quite untrue

\_ 3. Slightly untrue

\_ 4. Neither true nor false

\_ 5. Slightly true of your child

\_ 6. Quite true of your child

\_ 7. Extremely true of your child

\_0. Not applicable

29. Is not very upset at minor cuts and bruises.

\_ 1 Extremely untrue

\_ 2. Quite untrue

\_ 3. Slightly untrue

\_ 4. Neither true nor false

\_ 5. Slightly true of your child

\_ 6. Quite true of your child

\_ 7. Extremely true of your child

\_0. Not applicable

30. Approaches places s/he has been told are dangerous slowly and cautiously.

\_ 1 Extremely untrue

\_ 2. Quite untrue

\_ 3. Slightly untrue

\_ 4. Neither true nor false

\_ 5. Slightly true of your child

\_ 6. Quite true of your child

\_ 7. Extremely true of your child

\_0. Not applicable

31. Is slow and unhurried in deciding what to do next.

\_ 1 Extremely untrue

\_ 2. Quite untrue

\_ 3. Slightly untrue

\_ 4. Neither true nor false

\_ 5. Slightly true of your child

\_ 6. Quite true of your child

\_ 7. Extremely true of your child

\_0. Not applicable

32. Gets angry when s/he can’t find something s/he wants to play with.

\_ 1 Extremely untrue

\_ 2. Quite untrue

\_ 3. Slightly untrue

\_ 4. Neither true nor false

\_ 5. Slightly true of your child

\_ 6. Quite true of your child

\_ 7. Extremely true of your child

\_0. Not applicable

33. Enjoys gentle rhythmic activities such as rocking or swaying.

\_ 1 Extremely untrue

\_ 2. Quite untrue

\_ 3. Slightly untrue

\_ 4. Neither true nor false

\_ 5. Slightly true of your child

\_ 6. Quite true of your child

\_ 7. Extremely true of your child

\_0. Not applicable

34. Sometimes turns away shyly from new acquaintances.

\_ 1 Extremely untrue

\_ 2. Quite untrue

\_ 3. Slightly untrue

\_ 4. Neither true nor false

\_ 5. Slightly true of your child

\_ 6. Quite true of your child

\_ 7. Extremely true of your child

\_0. Not applicable

35. Becomes upset when loved relatives or friends are getting ready to leave following a visit.

\_ 1 Extremely untrue

\_ 2. Quite untrue

\_ 3. Slightly untrue

\_ 4. Neither true nor false

\_ 5. Slightly true of your child

\_ 6. Quite true of your child

\_ 7. Extremely true of your child

\_0. Not applicable

36. Comments when a parent has changed his/her appearance.

\_ 1 Extremely untrue

\_ 2. Quite untrue

\_ 3. Slightly untrue

\_ 4. Neither true nor false

\_ 5. Slightly true of your child

\_ 6. Quite true of your child

\_ 7. Extremely true of your child

\_0. Not applicable

Notes:

CBQ long form has 195 items; short form has 94 items, (15 scales) and very short form (this instrument) has 36 items (3 broad scales)

Scoring Info:

Not applicable responses should be treated as missing data. Validation paper allowed up to 20% of items to be marked as not applicable/missing.

Reverse score the following questions/items, so that 1 = extremely true and 7 = extremely untrue, before calculating scales or total score: 13, 19, 20, 22, 26, 29, 31, 34

Scales

Negative Affect: average of responses to 2, 5, 8, 11, 14, 17, 20r, 23, 26r, 29r, 32, 35

Surgency: average of responses to 1, 4, 7, 10, 13r, 16, 19r, 22r, 25, 28, 31r, 34r

Effortful control: average of responses to: 3, 6, 9, 12, 15, 18, 21, 24, 27, 30, 33, 36

Total score: average of all items after reverse scoring 13, 19, 20, 22, 26, 29, 31, and 34

Reference:

Putnam, S.P., Rothbart, M.K. (2006) Development of short and very short forms of the children’s behavior questionnaire. *Journal of Personality Assessment 87*(1), 102-112.

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