Under de **senaste två veckorna,** hur ofta har du besvärats av något av följande problem? Läs varje påstående noggrant och kryssa därefter i rutan.

1. Känt dig nervös, ängslig eller väldigt stressad

\_0 Inte alls \_1 Flera dagar \_2 Flertalet dagar \_3 Så gottsom dagl.

1. Inte kunnat sluta oroa dig eller kontrollera din oro

\_0 Inte alls \_1 Flera dagar \_2 Flertalet dagar \_3 Så gottsom dagl.

Notes

1. GAD-2 score is obtained by adding score for each question (total points).
2. A score of 3 points is the preferred cut-off for identifying possible cases and in which further diagnostic evaluation for generalized anxiety disorder is warranted. Using a cut-off of 3 the GAD-2 has a sensitivity of 86% and specificity of 83% for diagnosis of generalized anxiety disorder.

Reference

Kroenke K, Spitzer RL, Williams JB, Monahan PO, Löwe B. Anxiety disorders in primary care: Prevalence, impairment, comorbidity, and detection. Ann Intern Med. 2007;146:317-25.

Translation

The translation was completed by the InFORM network (<https://ubwp.buffalo.edu/rdc-tmdinternational/>) and the translation has not been validated.